

International Youth Leadership Program

“Youth United for Greater Peace and Understanding”

Apeadu Children’s Peace Center

Aburi, Ghana

August 2 – 10, 2002

August 02 (Fri)

ARRIVAL OF YOUTH LEADERS

August 03 (Sat)

FACILITATORS’ MEETINGS & TRAININGS

Facilitators: Chief Nana Apeadu Yiadom, Audrey Kitagawa, and Dr. Nina Lynn Meyerhof

07:45 – 08:45

breakfast

09:00 – 09:30

Meditation and prayer for the vision of the Children’s Peace Center and the work to be accomplished this week.

Speaker: Chief Nana Apeadu Yiadom

09:30 – 11:30

Purpose of the Conference and Brainstorming

Facilitator: Audrey Kitagawa

This session is an avenue where core conference facilitators can:

- learn about the Children’s Peace Center in Ghana and the Ghana document to be drafted
- briefly introduce self
- concisely discuss topics to be covered
- distribute/assign responsibilities
- discuss, revise, and finalize the timetable

11:30 – 12:30

lunch

13:30 – 14:30

Brainstorming Session Wrap-up and Group Unity

Facilitator: Audrey Kitagawa

14:30 – 14:45

breather

14:45 – 15:45 PARTICIPANT GATHERING is an avenue where core conference facilitators can

- present the week’s overview (content, objectives, methodology, timetable)
- assign participants their roles in the conference

It will also enable the participants to

- know the conference ground rules beforehand
- know their presentation schedule
- adequately prepare for presentations they will be doing within the week

“The BEFORE” Group Picture

15:45 – 16:30 Facilitators’ Skills Training through Skills Sharing
Facilitator: *Dr. Nina Lynn Meyerhof*

This session is a crash course for conference facilitators on the bare essentials on how to

- effectively lead groups
- effectively facilitate discussions

16:30-18:45 free time

18:45 – 20:00 dinner

22:00 lights out 😊

August 04 (Sun)

AFRICAN CULTURE, REALITIES, & ACTIONS

Speaker: *Chief Nana Apeadu Yiadom I*

Chief Nana will describe traditional teachings and cultural expectations.

The program begins including 30 local children participants.

07:45 – 08:45 breakfast

09:00 – 09:10 Peace circle

Facilitator: *Audrey Kitagawa*

This short session is an avenue where participants can:

- share a short prayer, some thoughts
 - give thanks to whatever he/she is thankful for
 - recall yesterday's happenings (a recap)
- 09:10 – 10:10 Bonding: a series of fun and creative activities where participants can
- get to know each other
 - share expectations
 - help define conference goals
- 10:10 – 11:30 The Deeper Meaning and Purpose of Establishing a Children's Peace Center in Ghana
- Original founders of the program will share their inspiration and share the present mission of the Children's Peace Center in Ghana, as well as the work to be done.
- Speakers:** Chief Nana Apeadu Yiadom I, Dr. Nina Lynn Meyerhof, and Audrey Kitagawa
- 11:30 – 12:30 lunch
- 13:30 – 14:30 Presentation: A Look At Traditional African Culture
Presenter: Chief Nana Apeadu Yiadom I
- a bird's eye view of the UNOY report
Presenters: Imoh Colins Edozie (Nigeria)
 Florence Sylvia During (Sierra Leone)
 Pascal Mpawenimana (Burundi)
 - contributions by African delegates about
 - African body language
 - traditional/ religious practices/ priorities in Africa
 - a deeper understanding of women's plight in Africa: sexual abuse and female genital mutilation (FGM)
Presenter: Golder Ayele (Togo)
- 14:30 – 14:45 breather
- 14:45 – 15:45 Discussion: African Realities, Global Realities – with Love
Discussion Leaders: Angela Mensah & Audrey Kitagawa
- War and Its Impact on Young People
Speaker: Florence During (Sierra Leone)

	<ul style="list-style-type: none"> • HIV/AIDS Epidemic to Holistic Health Speaker: Golder Ayele (Togo) • Discrimination and Tolerance to Love and Justice • Gun Violence to Peace Making • Effect of Violence on Child Soldiers to Self-esteem and Empowerment
15:45 – 17:00	<p><u>Workshop</u>: African Vision, Global Action</p> <ul style="list-style-type: none"> • identify the strengths which will move Africa forward • a continued discussion of African realities with special emphasis on feasible solutions and problem solving • some role playing activities and working group presentations • initial draft of guidelines for the Ghana Peace Center project <p>Highlight: “A Declaration of Peace as a Standard for Bringing Youth to the Center for Future Programs” Speakers: Dr. Nina Lynn Meyerhof & Audrey Kitagawa</p>
17:00 – 17:15	breather
17:15 – 18:45	<p><u>Facts and skills share</u>: Unifying the Force Field for a Collective Voice</p> <ul style="list-style-type: none"> • yoga session by <i>Anna Sukhodolska (Ukraine)</i>
18:45 – 20:00	dinner
20:30 – 21:00	<u>Bed time stories</u> : a collection of traditional stories to be read or narrated by conference participants
22:00	lights out ☺

August 05 (Mon)

EXPERIENCING GHANA

Designed and facilitated by the people of Ghana

The community will visit the peace center. A drumming and tree planting ceremony as local elders give their blessings will be part of the day. Local United Nations representatives will be invited to join the activities.

AM

Half-day organised tour

Visit local townships and see local crafts. Meet local leaders and their people. Visit a refugee camp.

PM

Community ceremony

The gathering continues, along with introductions and invitations to local homes for feasts and visits.

August 06 (Tue)

PEACE & PEACE EDUCATION

07:45 – 08:45

breakfast

09:00 – 09:10

Peace circle: Meditation

Facilitator: Audrey Kitagawa

09:10 – 10:10

Talk: The Basics of Peace Education

Speaker: Rev. Patricia Roeding

- peace: inner, outer, world
- working definitions
- knowledge and attitudes
- visioning peace

10:10 – 11:30

Discussion: Peace vs. Non-Violence vs. Harmony

Discussion leaders: Dr. Nina Lynn Meyerhof, Audrey Kitagawa, and Chief Nana Apeadu Yiadom I

11:30 – 12:30

lunch

13:30 – 14:30

Presentation: The HAPY Global Campaign for Peace Education

Presenter: Olivia Martin* (Switzerland)

14:30 – 14:45

breather

14:45 – 15:45

Discussion: The Role of Youth in Peace Building and Peace Education

- The Potential of Youth
Presenter: Reiko Yamamoto (Japan)
- Peace and Democracy
Presenter: Kentigern Chijike Ndukwu (Nigeria)
- The Fruits of Child Empowerment Workshops
Presenter: Theresa Mercado (Philippines)

15:45 – 17:00	<u>Workshop</u> : Peace Education Skills Development Facilitators : Daniel Edah (Benin) & Mike Whyte (Ghana)
17:00 – 17:15	breather—circle: Speaking from the Heart Facilitator : Audrey Kitagawa
17:15 – 18:45	<u>Facts and skills share</u> : The Importance of Understanding the Situation and the People Chief Nana Apeadu Yiadom I and the local elders talk about their situation and their people. • yoga session by Anna Sukhodolska (Ukraine)
18:45 – 20:00	dinner
20:30 – 21:00	<u>Bed time stories</u> , cultural sharing, and presentations from other countries
22:00	lights out ☺

August 07 (Wed)

CONFLICT RESOLUTION

Consensus Building and Dialogue versus Compromise

Facilitator: Audrey Kitagawa

07:45 – 08:45	breakfast
09:00 – 09:10	Peace circle: Prayer Facilitator : Chief Nana Apeadu Yiadom I
09:10 – 10:10	<u>Talk</u> : Conflict vs. Violence vs. Experience Understanding Conflicts, Conflict Resolution, and Non-Violent Communication Speaker : Kentigern Chijike Ndukwu (Nigeria)
10:10 – 11:30	<u>Presentation</u> : Conflict Evolution Presenter : Shauna Morgan (Canada)
11:30 – 12:30	lunch
13:30 – 14:30	<u>Presentation</u> : Children Affected by Armed Conflict & Impacted by War Presenter : Audrey Kitagawa
14:30 – 14:45	breather

14:45 – 15:45	<u>Discussion:</u> Children Affected by Armed Conflict & Impacted by War Discussion leader: Audrey Kitagawa
15:45 – 17:00	<u>Workshop:</u> Conflict Resolution <ul style="list-style-type: none"> • Conflict Management Points Presenter: Imoh Colins Edozie (Nigeria) • Mediation - Negotiation Presenter: Anna Sukhodolska (Ukraine)
17:00 – 17:15	breather
17:15 – 18:45	<u>Facts and skills share:</u> <ul style="list-style-type: none"> • yoga session by Anna Sukhodolska (Ukraine)
18:45 – 20:00	dinner in the community with local residents
20:30 – 21:00	<u>Bed time stories</u>
22:00	lights out ☺

August 08 (Thu)

HOPE, JUSTICE, & RIGHTS

07:45 – 08:45	breakfast
09:00 – 09:10	Peace circle: The True Meaning of Peace Facilitator: Chief Nana Apeadu Yiadom I
09:10 – 10:10	local villagers present
10:10 – 11:30	<u>Discussion:</u> The True Meaning of Peace Discussion Leader: Chief Nana Apeadu Yiadom I
11:30 – 12:30	lunch
13:30 – 14:30	<u>Visit:</u> Issues of Refugee Children Visit another refugee camp. Meet with UN representatives from Accra: UNEP, UNICEF and other involved offices.
14:30 – 14:45	breather
14:45 – 15:45	Discussion continued plus a visit to the market

15:45 – 17:00	<u>Visit to Slave Castle</u> : The Implication of Brain Drain and Slavery
17:00 – 17:15	breather
17:15 – 18:45	<u>Facts and skills share</u> : A Review of Political Issues, Needs and Strengths of the Local People Speakers: Dr. Nina Lynn Meyerhof and Chief Nana, together with special guests as panellists
18:45 – 20:00	dinner
20:00 – 23:00	<u>Cultural Night</u> Facilitators: Tracy Lynn Lim* and Angela Mensah*

Coordinators of this event strongly encourage everyone to wear his/her national costume, and prepare at least one number for presentation. In the absence of a national costume, participants may wear semi-formal attire.

To be attended by local people, the cultural night is

- a gift to the people of Ghana
- a simple AND fun night for program participants
- a showcase of all performing talents

Benin	Daniel Edah	story
Burundi	Pascal Mpawenimana	song and dance
Canada	Shauna Morgan	piano
Ghana	Aaron Debrah Angela Mensah* Kwame Ananae Frempong Mike Whyte Seth Graham Acquah	} dance
India	Amalraj	
Japan	Mami Ikezaki Reiko Yamamoto	skit and dance
Malawi	Janet Kayunih	

Nigeria	Kentigern Chijike Ndukwu Imoh Colins Edozie Oke Olumuyiwa Oladunni	poem
Philippines	Theresa Mercado Tracy Lynn Lim*	} folk dance
Sierra Leone	Florence Sylvia During Nina Koroma	
Switzerland	Olivia Martin*	
Togo	Andre Kangni Afanou Golder Ayele	
Ukraine	Anna Sukhodolska	national dance
USA	Rachel Hesse*	

* Program co-coordinator

23:00 lights out ☺

August 09 (Fri)

ACTION

08:30 – 09:30 breakfast

09:30 – 09:40 Peace circle

09:40 – 11:30 Workshop: All About Action
Facilitators: Chief Nana Apeadu Yiadom, Audrey Kitagawa, and Dr. Nina Lynn Meyerhof

- infusing action with spirit
- making action plans
- integrating action plans to the Ghana draft
- finalizing the Ghana Peace Center's intended program of activities

11:30 – 12:30 lunch

13:00 – 14:00 Workshop : All About Action continued

14:00 – 14:10 breather

14:10 – 15:10 Workshop: All About Commitment

Facilitators: Chief Nana Apeadu Yiadom, Audrey Kitagawa, and Dr. Nina Lynn Meyerhof

- presentation of Ghana document
- spiritual commitment ceremony of lighting a candle or passing around a lighted torch
- presentation of conference attendance certificates

“The AFTER” Group Picture

15:10 – 14:10 program evaluation

14:10 – 18:45 free time

18:45 – 20:00 dinner out

20:30 lights out 😊

August 10 (Sat) HOMEBOUND

*** We will work as a group on building the first structure for future groups to use. This will be worked into the schedule on August 3rd.**